

International Post-Graduate Medical Training IPMT Africa Sept 2017

Something very deep and moving happened both for our country and Africa through Anthroposophy at the recent IPMT AFRICA Module this year.



It was our culminating 5th event!

During the previously four years we had worked with the view of the human beings, first from the perspective of the physical body, then the etheric, then the astral and lastly the Ego/"I Organisation". This year to close we had reached THE PENULTIMATE THEME OF THE SOCIAL REALM, with its aspects of healing in all walks of life e.g. the earth (agriculture), economics and education.

Out at Goedgedact farm, beyond Malmesbury we were 106 participants. Our theme was Social Responsibility and so many of Michaela Glöckler's evening lectures addressed qualities and methods to evolve Individual Competence from which place then to serve Social Competence. It was a joy to have such a large proportion of BD farmers (about a quarter). However, the most incredible experience was meeting the participants from all over Africa - 40 in all. These amazing people make one humble. So much was achieved. Sadly over 70 African delegates could not make it, having either been unable to raise funds for their flight or not feeling able to leave their country due to unrest. But by far the majority were denied visas.



IPMT South Africa

– a personal perspective by
Anne Bruzas, KZN

When I first heard about the IPMT I was delighted that such an amazing thing could be happening. It was like the Goetheanum was coming to us.

I have been studying Anthroposophy for about 30 years and the presentations and observation work that we have done, have brought familiar ideas alive for me in a new and exciting way. This last IPMT, the fifth year in South Africa, brought a whole new dimension. From the very beginning of the planning it was noticeable that social processes are not easy but if one can manage to keep working at them, then the rewards are definitely worth the effort. The journey that Julia took through Africa to invite participants was extraordinary, full of courage and enthusiasm. For me, meeting people from all over Africa, living and working together for the week, opened up my mind and heart further to the extraordinariness of ordinary people. It left me with new insights, new possibilities and a joyful enthusiasm for the future.

All of us who attended this week need to thank Hans Mulder, from New Zealand, who dedicatedly led the BD Workshops and fired all those who attended with enthusiasm and purpose to find a way forward throughout Africa. This led to the forming of the ALL AFRICAN BIODYNAMIC AGRICULTURE PLATFORM

We are also extremely grateful to our sponsors who made this event possible for without this sponsorship many of our guests would not have managed financially to undertake this journey. Galina Kotzuba must be commended in her role as Fundraiser, and we now wish her well as she moves to Berlin to nurse at the Anthroposophical hospital there. Then lastly, we need to acknowledge the huge task which Julia O’Leary carried – the initiation and the follow through of all the organizational tasks that enabled this ‘miraculous’ week to happen. We know how sincerely Julia carries our Continent and its people so lovingly within her heart ... and we have humbly witnessed the effect of this Impulse of Love. Thank you Julia, we can sense what you have done for the future of the whole of Africa.

I will close with the words of Remmie Kimera, a Nurse who began and runs an orphanage in Uganda:

“My experience of the IPMT training week was beyond my imaginings, you cannot equate it to anything. What I was able to carry away with me is more precious than gold itself. I learnt so much and I intend to incorporate most of the knowledge into my work.”



Fruits that will Ripen from the International Post-Graduate Medical Training AFRICA

During the IPMT training week THE ALL AFRICAN BIODYNAMIC PLATFORM was founded. This platform will now organize in Nairobi, Kenya, an All African Anthroposophic Training, which will take place from the 1st to the 8th August 2018 at the Franciscan Centre, Nairobi, Kenya. It will have the same format, as with the IPMT, of a full week. However, it will be open to people of all professions who want to learn about the anthroposophic inspiration.

Caroline Hurner

